

MONIKA'S NURSING ACADEMY HAMIRPUR

"Innovation is our Tradition"

Rajsthan CHO Paper 2020

- When is celebrating World Health Day?**
 - 10 may
 - 01 December
 - 11 March
 - 07 April
- Who is the president of india?**
 - Shree ramnath kovind
 - Shree rajnath singh
 - Shree vakanya nayadu
 - Shree Lal Krishna Adhvani
- When was came into force MTP act in India?**
 - 1962
 - 1971
 - 1972
 - 1984
- Which one disease is eradicated from Indian?**
 - TB
 - Malaria
 - Polio
 - AIDS
- Who is known as the father of Green Revolution?**
 - Vargeer Kuryeen
 - Three bhuvandas patel
 - M.S. Swaminathan
 - H.M. Dayal
- When was started Swatch Bharat Abhiyan in India?**
 - 02 sep 2014
 - 02 Oct 2014
 - 15 Aug 2014
 - 02 Oct 2013
- Which process is responsible for Global warming?**
 - Green House Effect
 - Fire in Charcoal Mines
 - Dry farming
 - Monsoon
- Which disease is transmitted from feco-oral route, except?**
 - Measles
 - Typhoid
 - Cholera
 - Heap –A
- Most common cause of Death in Diarrhoea?**
 - Vomiting
 - Abdomen pain
 - Dehydration
 - Weakness
- Most common cause of under 5 mortality?**
 - Diarrhea
 - Pneumonia
 - Measles
 - Chickenpox
- Normal capillary time in children?**
 - <1 sec
 - <3 sec
 - <5 sec
 - <7 sec
- Which milestones developed in 6 months old baby?**
 - Able to walk normal sentence
 - Able to sit with support
 - Able to take food with help of spoon
 - Able stand and sit down independently
- Normal weight of a new born at birth in India?**
 - 1.5 to 2.5 kg
 - 2 to 3 kg
 - 2.5 to 3.5 kg
 - 3 to 4 kg
- Minimum time for KMC in a session?**

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- A. 1 hour
B. 3 hours
C. 6 hours
D. 12 hours
- 15. Labour room's temperature should be maintained?**
A. $20^{\circ} - 22^{\circ}\text{C}$
B. $26^{\circ} - 28^{\circ}\text{C}$
C. $28^{\circ} - 30^{\circ}\text{C}$
D. $34^{\circ} - 37^{\circ}\text{C}$
- 16. Which Immunoglobulin abundantly present in human milk?**
A. IgG
B. IgA
C. IgM
D. IgE
- 17. Route of BCG vaccine?**
A. ID
B. SC
C. IM
D. IV
- 18. Koplik's spot is the cardinal sign of?**
A. Chickenpox
B. Measles
C. Mumps
D. Polio
- 19. Beneficiaries of ICDS scheme?**
A. <6 years old children
B. Pregnant & Lactating women
C. Elderly person
D. A & B
- 20. Rich source of calcium?**
A. Meat
B. Fruits
C. Milk
D. Vegetables
- 21. All of the following macronutrients, except?**
A. Proteins
B. Carbohydrates
C. Fat
D. Vitamins
- 22. Which one is the water soluble vitamin?**
A. Vita-A
B. Vita-C
C. Vita-D
D. Vita-E
- 23. Rich source of Vitamin-E?**
A. Meat
B. Sun flower oil
C. Vegetable
D. Fruits
- 24. Deficiency of Vit-C lead to which disease?**
A. Night blindness
B. Scurvy
C. Rickets
D. Beri-Beri
- 25. In a baby complementary food should be start at?**
A. At birth
B. At 6 months
C. At 1 year
D. At 2 year
- 26. Which nutrient is essential for tissue repair?**
A. Vitamin
B. Protein
C. Carbohydrate
D. Fat
- 27. All of the following clinical features seen in dengue fever, except?**
A. High grade fever
B. Low grade fever
C. Eye pain
D. Join pain
- 28. Full for of VVM?**
A. Vaccine viability monitor
B. Vaccine vial monitor
C. Vaccine verification monitor
D. Viral viability monitor

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29. Dose of vitamin-A at 9 months?
A. 50000 IU
B. 1,00,000 IU
C. 2,00,000 IU
D. 3,00,000 IU
30. Which chemical used for decontamination of COVID-19 area?
A. Formaldehyde
B. Mathnol
C. Sodium hypochlorite
D. Potassium permegnant
31. Treatment duration for MDT-TB should be?
A. 6 to 8 months
B. 12 months
C. 18 to 24 months
D. 24 to 27 months
32. In a pregnant women, the interval between two dose of TT vaccine should be?
A. 4 months
B. 4 weeks
C. 4 days
D. 4 hours
33. Which vaccine given at the time of birth?
A. BCG, OPV, Hepa-C
B. BCG, OPV, Hepa-B
C. BCG only
D. BCG, OPV, Pentavalent
34. Causative organism of COVID-19?
A. Bacteria
B. Virus
C. Fungus
D. Protozoa
35. Total number of bones in human body?
A. 202
B. 206
C. 208
D. 204
36. Which test use for diagnosis of tuberculosis (TB)?
A. Schick test
B. Mantoux test
C. VDRL Test
D. ELISA Test
37. Largest gland in human body?
A. Pancreas
B. Spleen
C. Liver
D. Adrenal
38. Which hormone secreted by testes?
A. Testosterone
B. TSH
C. Cortisol
D. Insulin
39. Which in form carbohydrate stored in liver?
A. Glucose
B. Sucrose
C. Galactose
D. Glycogen
40. In a community first case of the diseases is known as?
A. Primary case
B. Index case
C. Secondary case
D. Carrier
41. Infant morality rate of Rajasthan?
A. 14/1000
B. 28/1000
C. 37/1000
D. 56/1000
42. Full form of BMW?
A. Basic Medical Waste
B. Bio medical waste
C. Blood Medical Waste
D. Bio Manpower Waste
43. While measuring the blood pressure, the tubes of the instrument should be placed?

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- A. Inside the hand
B. Outside the hand
C. Lateral the hand
D. Posterior the hand
- 44. Presently total fertility rate of India?**
A. 1.8
B. 2.2
C. 2.5
D. 2.6
- 45. Which test used for typhoid diagnosis?**
A. Widal test
B. Millard's test
C. Kahn test
D. Mantoux test
- 46. Where is located head quarter of WHO?**
A. New York
B. Zenewa
C. Paris
D. London
- 47. Which chemical used for water purification?**
A. Lime
B. Bleaching powder
C. Potassium permanganate
D. Formaldehyde
- 48. One PHC should be established at?**
A. 5000 population
B. 50000 population
C. 30,000 population
D. 10,000 population
- 49. Presently MMR of Rajasthan?**
A. 100/100000
B. 164/100000
C. 200/100000
D. 250/100000
- 50. When was conducted last census?**
A. 2005-06
B. 2011
C. 2012-14
D. 2019
- 51. How much population of Indian compression to world?**
A. 7%
B. 12%
C. 17%
D. 22%
- 52. After chlorination process, amount of free residual chlorine in drinking water is?**
A. 0.25 mg/ltr
B. 0.5 mg/ltr
C. 1.0 mg/ltr
D. 2.0 mg/ltr
- 53. When was the national population policy implemented?**
A. 1952
B. 1965
C. 1985
D. 2000
- 54. When was launched NRHM program in India?**
A. 2000
B. 2002
C. 2005
D. 2007
- 55. One ASHA can be posted on?**
A. Every 1000 population
B. Every 500 population
C. Every 10000 population
D. Every 5000 population
- 56. Which disease is eradicated from India?**
A. Malaria
B. HIV
C. Goiter
D. Gunia Worm diseases
- 57. According to Birth & Death Registration act, Birth registration should be done within?**
A. 7 days
B. 10 days

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- C. 14 days
D. 21 days
- 58. Route of administration of measles vaccine?**
A. ID
B. SC
C. IM
D. IV
- 59. Normal BMI for an adult?**
A. 15-19
B. 20-25
C. 26-30
D. 31-35
- 60. In the children with ORS solution which substance should be given in the case of diarrhea?**
A. Calcium
B. Iron
C. Vitamin
D. Zinc
- 61. Which medicine commonly used in the PPH?**
A. Oxytocin
B. Methergin
C. Mifepristone
D. Misoprostol
- 62. How to calculate EDD?**
A. 9 months
B. 9 months+2 days
C. 9 months+7 days
D. 9 months+14 days
- 63. Normal respiration in pregnant women?**
A. 12-16 p/m
B. 18-20 p/m
C. 18-24 p/m
D. 20-24 p/m
- 64. When will be detect FHR by fetoscope in pregnant women?**
A. At 12 week
B. At 20 week
C. At 24 week
D. At 32 week
- 65. According to WHO, anaemia can be defined in a pregnant women while Hb level less than?**
A. 10 gm/dl
B. 11 gm/dl
C. 12 gm/dl
D. 12 gm/dl
- 66. Full form of IUCD?**
A. Intra-Uterine Copper Device
B. Intra Uterine Control Device
C. Intra Uterine Contraceptive Device
D. Intra Uterine Continuous Device
- 67. Normal FHR is?**
A. 60-80 p/m
B. 100-120 p/m
C. 120-160 p/m
D. 160-180 p/m
- 68. Diagnostic tests should be followed in ANC?**
A. Hb, Urine sugar, HCG
B. Hb, Urine sugar, urine albumin
C. Hb, Blood sugar, urine sugar
D. Hb, urine sugar & HOL
- 69. A pregnant women get a TT vaccine 4 months ealier, now she came in the hospital after 8 months. What will do you?**
A. Do not give next TT vaccine
B. Give the next dose of TT vaccine
C. You have to give 0.1 ml dose, instead 0.5 ml dose
D. You have to give now TT injection and after 15 days one more should be given
- 70. Which chemical used for the testing of Hb?**
A. NaCl
B. N/10 NCL
C. NaOH

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- D. NaOCl
71. In the ANC visit a pregnant women should be tested?
- A. HIV, Hep-A, Syphilis
 - B. HIV, Hep-B, Syphilis
 - C. HIV, Hep-C, Syphilis
 - D. HIV, Hep-E, Syphilis
72. How much time interval between Alert line and action line in the PartoGraph?
- A. 2 hours
 - B. 3 hours
 - C. 4 hours
 - D. 6 hours
73. Breast feeding should be started following birth within?
- A. 1 hours
 - B. 2 hours
 - C. After doctor order
 - D. After 6 hours
74. How much blood lost in a normal labour?
- A. 100 ml
 - B. 300 ml
 - C. 500 ml
 - D. 700 ml
75. After labour, the placenta should be discarded in?
- A. Yellow bag
 - B. Red bag
 - C. Black bag
 - D. Blue bag
76. Most common cause of MMR in India?
- A. Sepsis
 - B. Toxaemia
 - C. Unsafe abortion
 - D. Haemorrhage
77. After unprotected sex, emergency contraceptive tablet should be taken within?
- A. 24 hours
 - B. 48 hours
 - C. 72 hours
 - D. 120 hours
78. Postpartum sterilization should be done after labour?
- A. 12 hours to 7 days
 - B. 24 hours to 7 days
 - C. 48 hours to 7 days
 - D. 72 hours to 7 days
79. After vasectomy additional contraceptive methods should be used up to
- A. 1 months
 - B. 2 months
 - C. 3 months
 - D. 5 months
80. Levonorgestrel (LNG) IUCD should be change every?
- A. 5 years
 - B. 10 years
 - C. 15 years
 - D. 20 years
81. How long effective NETEN (Nor-Ethisterone Enanthate) Contraceptive?
- A. 1 month
 - B. 2 months
 - C. 3 months
 - D. 4 months
82. Most common side of IUCD?
- A. Ectopic pregnancy
 - B. Excessive menstrual flow
 - C. Rupture of uterus
 - D. Expulsion of IUCD
83. Which method used for the diagnosis of HIV?
- A. Northern blot & ELISA
 - B. Immuno blot & ELISA
 - C. Souther blot & ELISA
 - D. Western blot & ELISA
84. Most common nutritional deficiency disorder seen during adolescent age?
- A. Iron deficiency anaemia

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- B. Hypothyroidism
C. Calcium deficiency
D. Zinc deficiency
- 85. Most common cause of death during adolescent age?**
A. Suicide
B. Diarrhea
C. Road Traffic Accident (RTA)
D. Anaemia
- 86. Testosterone hormone is found in?**
A. Only males
B. Only females
C. Only males during intercourse
D. Both males & females
- 87. Dose of albendazole in adolescents for de-worming?**
A. 100 mg BD
B. 200 mg OD, HS
C. 400 mg OD, HS
D. 800 mg BD
- 88. Non-communicable diseases is?**
A. It can transmit from one person to another
B. It cannot be transmit form one person to another
C. Transmit by viruses only
D. None of the above
- 89. Normal blood pressure of the adults?**
A. 120/160 mm hg
B. 120/80 mm hg
C. 100/70 mm hg
D. 140/90 mm hg
- 90. Cardinal sigh of Diabetes mellitus?**
A. Polyuria
B. Polydypsia
C. Polyphagia
D. All of the above
- 91. Normal range of HbA1C in the adults?**
A. <6.0%
B. 6.5 to 7%
C. 7.0% to 8.0%
D. <3.0%
- 92. Diabetes mellitus can be considered if RBS level more than?**
A. 80-100 mg/dl
B. 100-140 mg/dl
C. >140 mg/dl
D. >200 mg/dl
- 93. Most common complication of Diabetes mellitus?**
A. Galactosemia
B. Hyperglycaemia
C. Hypoglycaemia
D. Stroke
- 94. How to spread cancer in a human body?**
A. By the skin
B. By the lymphtic system
C. By the blood
D. B & C
- 95. Cause of the cancer of breast, except?**
A. Late menopause
B. Heavy weight
C. Multiple sex partners
D. Lack of physical exercise
- 96. How to affect tobacco consuming during pregnancy?**
A. Premature labour
B. Overweight baby
C. Low birth weight baby
D. Impotence
- 97. Best time for breast self examination?**
A. During menses
B. 7 to 10 days after first days of menses
C. 10 days before the menses
D. Any time
- 98. Insulin is given?**
A. Type-I Diabetes Mellitus
B. Type-II diabetes Mellitus
C. Type- III Diabetes Mellitus
D. None of the above

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99. Daily iron requirement for an adult is?

- A. 50-100 mcg
- B. 50-100 mg
- C. 100-150 mcg
- D. 100-150 mg

100.

Which vaccine used for the prevention of cervical cancer?

- A. IPV vaccine
- B. Hepatitis Vaccine
- C. DPT vaccine
- D. HPV vaccine



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ANSWER KEY

- | | | |
|-------|-------|--------|
| 1. D | 41. C | 82. B |
| 2. A | 42. B | 83. D |
| 3. C | 43. A | 84. A |
| 4. C | 44. B | 85. C |
| 5. C | 45. A | 86. D |
| 6. B | 46. B | 87. C |
| 7. A | 47. B | 88. B |
| 8. A | 48. C | 89. B |
| 9. C | 49. B | 90. D |
| 10. B | 50. B | 91. A |
| 11. B | 51. C | 92. D |
| 12. B | 52. B | 93. B |
| 13. C | 53. D | 94. D |
| 14. A | 54. C | 95. D |
| 15. B | 55. A | 96. C |
| 16. B | 56. D | 97. B |
| 17. A | 57. D | 98. A |
| 18. B | 58. B | 99. C |
| 19. D | 59. B | 100. D |
| 20. C | 60. D | |
| 21. D | 61. A | |
| 22. B | 62. C | |
| 23. B | 63. B | |
| 24. B | 64. B | |
| 25. B | 65. B | |
| 26. B | 66. C | |
| 27. B | 67. C | |
| 28. B | 68. A | |
| 29. B | 69. B | |
| 30. C | 70. C | |
| 31. C | 71. B | |
| 32. B | 72. C | |
| 33. B | 73. A | |
| 34. B | 74. C | |
| 35. B | 75. A | |
| 36. B | 76. D | |
| 37. C | 77. C | |
| 38. A | 78. B | |
| 39. D | 79. C | |
| 40. B | 80. A | |
| | 81. B | |